

## **MENU**

## **MAIN MEAL**

### **WEEK SEVEN**

#### **MONDAY**

**PORK AND LEEK PATTIES  
POTATO AND CHEESE GRATIN  
CARROTS**

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#### **TUESDAY**

**ITALIAN STYLE CHICKEN  
ROAST POTATOES  
CAULIFLOWER CHEESE**

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#### **WEDNESDAY**

**SPICY TUNA FISH CAKES  
BUTTERNUT SQUASH PILAFF  
ROAST VEGETABLES**

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#### **THURSDAY**

**BEEF BOURGUIGNON  
BOILED POTATOES  
BROCOLLI**

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#### **FRIDAY**

**PORK CHOPS, APPLES AND SAGE  
SAUTE POTATOES  
PROVENCAL GREEN BEANS**

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