

## **MENU**

## **MAIN MEAL**

### **WEEK SIX**

#### **MONDAY**

**CRISPY CHICKEN WITH STILTON  
HERB-ROASTED POTATOES  
PARSNIPS**

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#### **TUESDAY**

**CHEESY PAPRIKA MEATBALLS  
NEW POTATOES  
CARROTS**

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#### **WEDNESDAY**

**CLASSIC BEEF GOULASH  
BOILED POTATOES  
CAULIFLOWER AND BACON**

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#### **THURSDAY**

**CHICHEN AND MUSHROOM PIE  
ROAST POTATOES  
BROCOLLI CHEESE**

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#### **FRIDAY**

**LIVER AND BACON STIR-FRY  
SAUTE POTATOES  
STIR FRY VEGTABLES**

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