

**MENU**

**MAIN MEAL**

**WEEK TWO**

**MONDAY**

**LASAGNA  
ROAST POTATOES  
BROCCOLI**

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**TUESDAY**

**SWEET AND SOUR PORK  
BOILED RICE  
SWEETCORN**

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**WEDNESDAY**

**TOAD IN THE HOLE  
SLICED POTATOES WITH ONIONS  
RED CABBAGE AND APPLES**

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**THURSDAY**

**FISH STIR FRY  
SAUTE POTATOES  
CAULIFLOWER**

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**FRIDAY**

**CHICKEN WITH BASIL  
BABY NEW POTATOES  
ROAST PEPPER**

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